## About me!



## **MORVEN Education Mental Health Practitioner**

I work for the Mental Health Support Team (MHST) as one of the Education Mental Health Practitioners based in Skegness. My role includes supporting children and young people to manage their mental health and emotional well-being. This involves one to one support, workshops, groups and working closely with schools. I have dark brown hair which I usually wear half up/half down.





What is my favourite animal: I have two cats, called Harry and Bow. I also love dogs and dolphins but haven't been able to persuade my husband to buy either yet!

My favourite food: I love Macaroni Cheese and anything sweet. I love Banoffee pie My happy place: Ayr, a little seaside town in Scotland where I grew up and where all my family still live.

My favourite film/book: I like reading romantic/comedy books now but growing up I loved Boy and Going Solo by Roald Dahl. In secondary school, I loved all the Twilight and Hunger Games books and films.

<u>Places I like to visit:</u> I love walking in Skegness with my family. <u>Hobbies/Interests:</u> I love walking with family, reading, watching series, and spending time with my friends and family.



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