

About me!

KATIE

Education Mental Health Practitioner

I work for the Mental Health Support Team (MHST) as one of the Education Mental Health Practitioners based in Skegness. My role includes supporting children and young people to manage their mental health and emotional well-being. This involves one to one support, workshops, groups and working closely with schools. I would describe myself as a kind and friendly person; I hope to make those I meet feel as welcome and comfortable as possible. I have blonde hair which I usually tie back in a ponytail and I wear glasses



What is my favourite animal: I have a cat and a dog who I love. I also love horses.

My favourite food: I love Italian food like pizza and pasta.

My happy place: The beach, I love the sound of the sea and love to take the dog to the beach and see her running around trying to chase the seagulls!

My favourite film/book: I'm a huge fan of the Harry Potter books and love the Marvel films.

Places I like to visit: Cornwall is one of my favourite places, I love taking the dog to the beach and watching her paddle in the waves.

Hobbies/Interests: I love to read, walk the dog and spend time with friends and family.



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