

Sibsey Free School



Y5/ Y6 Residential Visit to Burwell House

**Monday 8th July – Wednesday 10th July
2019**



Burwell House

Burwell House has been providing residential education for children for over 35 years. The 18th Century house and three acres of landscaped gardens provide a relaxed, friendly atmosphere for the visitors.

Burwell House provides a wide range of residential courses. Subjects covered include History, geography, Art, I.C.T. and Drama. The residential experience provides a unique opportunity to highlight social, moral and spiritual education and PSHE.

The bedrooms range from twin bedded rooms to larger dormitories, all with access to toilets and showers. The house can accommodate up to 55 children plus staff.

Most areas of the house and grounds are used for teaching. Inside, there are large comfortable rooms where teaching sessions can take place. In addition there is also a fully equipped T.V. Studio, craft studio and dark room.

Outside, the self-contained grounds at Burwell House are used extensively during the courses and provide an exciting and safe environment for children to explore.



Essential Information

1. We are staying at Burwell House Residential and Conference Centre. The address of the centre is as follows.

Burwell House Residential and Conference Centre

North Street

Burwell

Cambridgeshire

CB5 0BA

2. Emergency telephone number: **01638 741256**. Please note that this number is strictly for emergency calls only

3. The children will not be phoning home during their stay at Burwell but when we are settled in we will send you a ParentMail message. We will contact you again to tell you that we have left the centre for our return to school on Wednesday with our estimated time of arrival. Please bear in mind that this time may change slightly with traffic on the route.

4. If there are any problems concerning your child that the teachers feel unable to deal with, you will be contacted immediately—we do not envisage such problems will arise.

5. Date and time of departure: Monday 8th July at 9.00 a.m.

Please be at school by 8.45 a.m. on Monday to stow luggage etc.

Return to school Wednesday 10th July at 4.00 p.m.

6. Our coach will not be staying with us for the visit. Luggage is restricted to one suitcase or holdall and one travel bag for the coach (preferably a small rucksack as this will be useful in Burwell).

7. For the journey to Burwell the children will need a snack and a drink, as we will probably have a small snack on the way. Please do not send glass bottles, fizzy drinks, sweets or chewing gum for all the obvious reasons. We will have lunch before we leave from the centre on Wednesday.

8. Medication information must be given to Mrs Lomas on or before Friday 29th June. It is extremely important that you complete the medical form accurately so that we are taking the correct medication with us. All prescribed medication including inhalers should be included on the form but we cannot easily cater for up to 35 children taking paracetamol and ibuprofen and still fit everything in the timetable! Please arrange to meet with us separately if you would like to discuss medical conditions/arrangements.

9. We will expect the usual high standard of behaviour from all in our school party.

10. Spending money: As we will be spending most of our time at the centre there shouldn't be a great need for lots of spending money, there are some items that can be purchased and no more than £5 is necessary (in a named purse or wallet please).

Our Itinerary—Day 1

Monday 8th July

Children arrive at school 8:45 a.m.

Leave Sibsey 9:00 a.m.

Arrive in Burwell 11:00 a.m. approximately

Introduction and welcomes

11:30 a.m. Snail game

12:00 Lunch

1:00 p.m. Children shown bedrooms and unpack – playtime games

2:30p.m. Around the grounds

4:00 p.m. Refreshments at Burwell House

4:30 p.m. T.V. Studio Introduction / News Desk

Script Check

Groups C and D—News Desk Preparation / T.V. Studio

Introduction

5:30p.m. Fire Drill

6:00 p.m. Dinner

7:00 p.m. Activities — around the grounds, diaries, reading and games, walks....

Bed!!!



Our Itinerary—Day 2

Tuesday 9th July

8:30 a.m. Breakfast

Tidy rooms

9:30 a.m. Groups A and B Filming of News Programmes

Groups C and D The Great Eggscape and Blindfold Trail/

Compass game

11:00 a.m. Refreshments / Free Time

11:30 a.m. Groups A and B continue in T.V. Studio

Groups C and D - The Great Eggscape and Blindfold Trail/

Compass game

1:00 p.m. Lunch

2:00 p.m. Groups C and D Filming of News Programmes

Groups A and B The Great Eggscape and Blindfold Trail/

Compass game

3:30 p.m. Refreshments / Free Time

4:00 p.m. Groups C and D continue in T.V. Studio

Groups A and B The Great Eggscape and Blindfold Trail/

Compass game

5:45 p.m. The Great Eggscape – The Grand Finale

6:00 p.m. Dinner

7:00 p.m. Activities—Walks, Looking for Minibeasts—Pond Dipping / Local Walk

Bed!!



Our Itinerary—Day 3

Wednesday 10th July

8:00 a.m. Strip beds, pack bags, vacate rooms

8:30 a.m. Breakfast

9:30 a.m. Introduce Orienteering Activity

10:00 a.m. Staggered start of Line Orienteering Activity (4 groups)

11:30 a.m. Return for refreshments

12:00p.m. Burwell Fox

12:30 a.m. Follow up at Burwell House

1:00 p.m. Lunch

2:00 p.m. Depart

4:00 p.m. Arrive back at Sibsey



Clothing and Property

1. Ours is a suggested list and everything on it may not be essential. However we cannot stress enough the need for sensible shoes/trainers, no floppy sandals/big slippers please.
2. There will be considerable amounts of walking so please ensure that your child has good walking shoes, boots or trainers.
3. All visitors are required to have a pair of indoor shoes (plimsolls or something similar)
4. I would not suggest bringing wellingtons unless the weather forecast is dreadful but the children will need outdoor shoes which could get muddy.
5. Children will only need to bring leisure wear
6. We try not to let weather prevent us from taking part in any activity so please take the weather and the weather forecast into consideration when packing with your child. Remember that at the end of the day the children have to be able to carry their luggage.
7. If the weather forecast is not good please ensure that your child has sufficient socks and underwear as well as appropriately warm clothing.
8. If the weather looks like being very hot please ensure your child has sun cream and a sun hat as well as T shirts which cover the shoulders.
9. Everything must be tagged and labelled, including the clothes they are wearing for travelling in.
10. Ideally, pack with your child and include an itemised list for him/her to use as a checklist when repacking at Burwell.
12. Lost Property—we will make every effort to ensure that no child leaves anything at Burwell. However we cannot guarantee that everything packed will return. The children will be expected to be responsible for how they look after their possessions and how they look after their rooms. We would strongly advise that children bring nothing of real value with them.
13. If your child wishes to bring a camera then it must be labelled and they will act as the responsible owner. Any cameras must be either disposable or digital cameras not phones/tablets or devices.
14. There is to be no jewellery or make-up as school policy. Any child who has earrings wear studs. If this is not adhered to, children will be asked to remove any jewellery for safekeeping.
15. No mobile phones, no devices.

Suggested Kit List

- 2 pairs of shorts
- Night clothes
- Hoodie or dressing gown
- Indoor shoes/plimsolls (no big fluffy slippers)
- Bath towel
- 2 Sweatshirts
- Toiletries, brush or comb (roll on deodorant only, no aerosols)
- Jeans/Tracksuit bottoms
- Linen bag for dirty washing
- Trainers/outdoor shoes (may get muddy)
- Waterproof jacket/coat
- Sun cream
- Sun hat
- Book/magazines for bedtime/travel
- Underwear and socks – enough pairs...!
- Card games (Uno, Dobble, Top Trumps, Cards)
- No medication other than that prescribed
- **That** special teddy



Burwell House

Our Course at Burwell

A member of the Burwell House staff is assigned to our course and has worked with us to plan the visit. The activities take place in small groups so as to ensure maximum involvement of all children.

The Burwell house staff are responsible for the smooth running of the course and teach the majority of the sessions. The sessions in the evening are led by us but resourced by the centre.

When the Burwell House staff are leading a session, we will take on a supportive role with the groups we are working with.

Meals

There is a very high standard of catering at Burwell House. The children are provided with breakfast and two cooked meals a day.

Refreshments are provided mid-morning and afternoon. All meals are home cooked and special diets are easily accommodated if we are told in advance. The meals are served family style with children taking it in turns to serve others on their tables.

We see this as a very important part of the course and we will be asking the children to take on as much of the serving and clearing up as possible. *The children will be expected to try the food served!*

First Aid/Asthma Inhalers/ Medical Needs

We will be responsible for first aid within our group. As the children are away from their rooms for most of the visit they will need instant access to their inhalers. Please make sure that if your child needs an inhaler it is labelled clearly with the correct dosage indicated and placed in an appropriate container.

Mrs. Lomas will co-ordinate all arrangements for medical needs which is why it is important we have the correct information for your child in advance of our departure. Please help us to make this run smoothly without us needing to chase up.

Aerosol Sprays

Due to the sensitive nature of the fire alarm system at Burwell House the children must not bring any sprays with them.

Food / Snacks and Sweets / Chocolate Bars / Crisps and Biscuits

Feel free to pack a small snack for the journey to Burwell. Please do not pack any sweets, chocolate bars, crisps and biscuits as the rules dictating the use of Burwell House mean that any of these have to be handed in on arrival at the house and are not returned until we leave.

Emergency Contact Details

Sibsey Free School Residential Visit to Burwell House

Hand in no later than Friday 29th June

Full Name of Child.....

We have received and read the information booklet concerning the above Residential visit.

Our son/daughter understands that excellent behaviour is expected at all times.

Signed.....

Parent(s) / Carer(s) Name(s)

Full address and postcode

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Telephone numbers on which you can be contacted during the visit. (Please specify the hours and whether it is home, work etc.)

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Please detail any concerns you may have about your child's health and welfare when away from home. Any information you give us will be on a strictly "need to know" basis. If you would rather come in and speak to us, you are welcome to do so.

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